



AOI KERALA 2016- 2017

Yearly Report of activities of Association of Otolaryngologists of India, Kerala State

KENTCON 2016 held at Macfast Auditorium, Thiruvalla marked the beginning of our term. Organised by AOI Central Travancore Chapter, Pushpagiri Medical College Thiruvalla & The Kottayam ENT Club, KENTCON 2016 was an academic feast with active participation of around 500 delegates. At the GENERAL BODY meeting held on OCT 2, 2016, **Dr Shibu George** was unanimously elected President AOI Kerala state, **Dr R Rajesh Kumar** as Secretary and **Dr Shajul George** as Treasurer. Other elected office bearers were, **Dr Rajeev Kumar** as Vice President and **Dr Indudharan Menon** as Editor. As per the amendment made the three joint secretaries elected were **DrShajid**, **Dr Jathavedan** and **Dr Marceles** from the North, Mid and South zones respectively.

The following is the report of activities of AOI Kerala for the term 2016- 2017

1. Formation of 2 New Chapters of AOI

We are extremely happy to welcome 2 new chapters into our midst clearly indicative of the growth of our association.

- a. **Malanadu Chapter** – Formation of this chapter was already initiated by the former office bearers in September 2016; this chapter comprises of ENT surgeons from Kothamangalam, Thodupuzha, Perumbavoor and Moovattupuzha. The proceedings were further carried forward and AOI MALANADU CHAPTER was inaugurated by the President Dr Shibu George on DEC 2th 2016. The event was also attended by the State Secretary Dr Rajesh Kumar, Treasurer Dr Shajul George, vice President Dr Rajeev Kumar and Past President Dr Gopikumar. Dr Paulose Abraham and Dr Paul Abraham were sworn in as President and Secretary of the Malanad chapter.

- b. **Kottayam Chapter**–This had kept everyone waiting for a long time; formation of a separate chapter at Kottayam was long overdue. The interest was rekindled after the new office bearers of AOI being sworn in at KENTCON 2016; this was taken up as a priority agenda. The proposal for formation of the new chapter was put forth in a meeting of the Kottayam ENT club held at Kottayam on 9/12 2016;

the executive committee formed, formally approached the state office bearers of AOI and the matter was discussed and pursued further. Thus the AOI Kottayam chapter, comprising of ENT surgeons in and around Kottayam district (including Pala, Vaikom, Kanjirappally, Changanacherry and Thiruvalla) was officially formed. The chapter was formally inaugurated by the President Dr Shibu George at the AOI midterm conference held at Kumarakom on February 26th. The function was attended by all present and former office bearers. Dr Kuncheria Thomas and Dr Vinod Jose Kakkanatt were sworn in as President and Secretary of the Kottayam chapter.

We wish both new chapters all good wishes and hope the trend continues with the inception of more new members.

2. AOI Mid term conference

Mid term conference for our term was organized at Kumarakom, Kottayam on February 26th 2017 and it proved to be a runaway success in terms of participation and scientific content. Attended by about 300 delegates from across the state, the event also marked the inauguration of the Kottayam chapter of AOI. Dr P Prathapan Nair Principal & Dean AIMS Kochi (former HOD Government Medical College Kottayam) was the Chief Guest on the occasion. The central theme was surgical- '*How I do it – Tips & Pearls*'. The faculty included stalwarts of Otorhinolaryngology across the state, and topics were selected to encompass the diverseness of our specialty. Widely appreciated, the scientific sessions included invited lectures, video presentations and panel discussions. AOI Kerala President's mementos of appreciation were distributed to the Malappuram chapter (for being selected as the best AOI city branch of the country), Dr Indudharan (for outstanding efforts towards revival of the Kerala ENT Journal) and Dr Shajul George (for outstanding efforts towards revamping the AOI Kerala website).

The icing on the cake was the ambience and picturesque location set at the backwaters of Kumarakom and the complimentary post conference boat cruise.

3. Revival of the Kerala ENT Journal:

Another noteworthy and truly satisfying achievement was the revival of the Kerala Journal of ENT and Head & Neck Surgery. The publication of the journal had gone for hibernation for about 2 years due to lack of consistent and sustained efforts. Thanks to the perseverance of our editor Dr Indudharan the 1st edition of revived version of the journal could be brought out within 3 months of us assuming charge. It was officially released during the Mid term conference.

Two more editions were to follow, which were released and sent by post to all members. All these editions were well appreciated by fellow members for its fine combination of academia and professional relevance. We do hope that the trend

continues henceforth with the journal being brought out on a regular basis, since there is no dearth for scientific material and academic talent amongst us.

4. Revamping of AOI Kerala website:

Our new website "www.aoikerala.in" has been fully revamped and made contemporary and user-friendly. The decision in this regard was initiated at a mini executive committee meeting held on 21/10/2016 immediately after assuming charge, at Kottayam attended by all the office bearers. AOI Kerala members can use it to access individual details and gather all association related news. New member registration and online payment has been integrated here to overcome the hassles of paperwork. Membership forms can be downloaded from the site and submitted online with payment details. This move enjoyed very good response and about half of the total new member registrations were done online. All news related to monthly meets of local chapters and announcements related to conferences can now be displayed in the website for all to be informed. The new website was officially inaugurated during the mid term conference. We need to place on record our appreciation for all the technical work involved to the selfless efforts of our treasurer Dr Shajul George who is also instrumental in the perfect maintenance of the website ever since.

5. Comprehensive Primary Health-care(CPHC) programme, (Government of Kerala), training manual:

AOI Kerala has been involved in the preparation of the ENT module of the Comprehensive primary health care (CPHC) programme, training manual, in collaboration with the Association of Physicians of India (API) Kerala chapter. This has been envisaged to train primary care doctors for treatment of common diseases by the government of Kerala, Health & Family Welfare Department. The draft of the module was prepared by a sub committee comprising of Dr Shibu George (President), Dr Suma R (Convener), Dr Pramod Menon and Dr Shanthi T. The final version of the CPHC programme training manual has been released by the Health and Family Welfare Department, Government of Kerala. (The draft has been uploaded in our website)

6. New members:

We have enrolled around 50 new members to our association during 2016-17. We need collective and continued efforts to increase the tally by appraising fresh graduates and persuading non-members to take membership.

7. e-Journal:

The electronic version of the Kerala ENT Journal has been kick-started; the pdf format of each edition is now being uploaded in the AOI website in a separate

Journal section to enable its wider readability and avoid hassles of print and postal delay. Eventually, the plan has to be to phase out or minimize the print version so as to bring down the huge expenditure it incurs.

8. Treatment guidelines-Pdf format:

Treatment guidelines for management of common ENT diseases had been prepared during 2016-17, especially due to special interest taken by the former president Dr Gopikumar. The guidelines now has been formatted, copyrighted and the pdf version uploaded onto our website. The mobile version can be readily downloaded from here and can serve as a quick information guide and ready reference for members during patient management.

9. Fellowship program:

The AOI Kerala fellowship program initiated during 2015-16 had faced an initial hiccup and delay in being operational due to technical reasons. The matter was discussed during the executive committee meeting held at Magenta 2017 on April 22nd at Malappuram. It has now been rekindled and has started being operational with the timely involvement of the Convener Dr KP Sharafudeen. The applications have been accepted and are being processed for necessary action.

10. Other conferences presided over by office bearers:

- a. Silver Jubilee Conference of Indian Society of Otolaryngology (ISOCON 2016) at Calicut on November 18-20, 2017. Attended by the President Dr Shibu George and treasurer Dr Shajul George.
- b. MAGENTA 2017 at Malappuram on April 22 & 23 2017;attended by President Dr Shibu George and Secretary Dr Rajesh Kumar. Executive committee meeting of AOI Kerala was also held on April 22nd.
- c. ABC of SLEEP APNOEA organised by Thrissur AOI on June 18 at Saroja Hospital. Inaugurated by the President Dr Shibu George; also attended by Secretary Dr Rajesh Kumar and Vice President Dr Rajeesh Kumar.
- d. MEDENT- Conference on Endoscopic Sinus and Skull base surgery at Travancore Medcity Medical College Kollam on July 7 & 8. Attended by President Dr Shibu George.
- e. AOIKENT-Conference on basics of FESS, organised by AOI Kottarakkara at Nair's Hospital Kollam on August 27th. Inaugurated by President Dr Shibu George.
- f. DEGLUTICON 2017 organized by AOI Cochin at Aster Medcity Ernakulam on August 27th. Attended by Secretary Dr Rajesh Kumar.

11. Monthly meeting of AOI Chapters attended:

- a. AOI Trivandrum Chapter- on November 22nd2016; meeting presided over by President Dr Shibu George.

- b. AOI Cochin Chapter-on 19thJanuary 2017. All office bearers, President Dr Shibu George, Secretary Dr Rajesh Kumar, Treasurer Dr Shajul George and Vice President Dr Rajeev Kumar were felicitated.
- c. AOI Kollam Chapter- on 22nd may 2017. All office bearers, President Dr Shibu George, Secretary Dr Rajesh Kumar, Treasurer Dr Shajul George and Vice President Dr Rajeev Kumar were felicitated.
- d. AOI Kottayam Chapter- on 27th July 2017. All office bearers, President Dr Shibu George, Secretary Dr Rajesh Kumar, Treasurer Dr Shajul George, Vice President Dr Rajeev Kumar were felicitated.

Kottayam

Dr R Rajesh Kumar

Dt 15/09/2017

Hon Secretary AOI Kerala State